



Bal Bharati PUBLIC SCHOOL

APCPL-IGSTPP, Jharli, Jhajjar, Haryana – 124141

Phone : 01251-267590, 288077

E-mail : bbpsjharli@gmail.com

Website: bbpsjharli.balbharati.org

BAL SABHA ACTIVITY

(Name of the Activity)

DATE : 06.04.2018

CLASS : PP-II

VENUE : Classroom

NATURE : Individual

RULES AND REGULATIONS:

1. Junk food is not allowed.
2. Variety along with the hygiene in the food will be counted.
3. Good presentation will help to score better.
4. Child should be able to tell about the eatables and nutritive value.
5. Healthy food will be preferred .

6.

Mention Materials to be brought from home(if any).

- *Children will bring food items from their home.*

Teacher In- Charge : Ms. Anju

Bal Sabha Coordinator : Ms. Anju

Activity Co-Ordinator : Ms. Kapila



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DATE : 06 04 2018

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Brief about the Activity : **Write up attached**

Learning outcome : Students came to know about the importance of eating a balanced lunch meal containing whole food.

Photographs : **Attached**

Result (if any) : 1st Sanidhya Verma , Aayansh Gupta
2nd Pavika Lohia , Aman
3rd Dhruv , Saesha Mourya

Consolation Mugdha , Komal, Ankith Rakesh

Bal Sabha Coordinator : Ms. Anju

Activity Coordinator : Ms. Kapila

BAL BHARATI PUBLIC SCHOOL
APCPL – IGSTPS, JHARLI
Report on Bal Sabha Activity(PP-II)
Yummy Treat(06.04.18)

**WE NEED TO TEACH OUR CHILDREN
TO EAT REAL FOOD.
NO FAST FOODS.
NO JUNK FOODS.
NO PROCESSED FOODS.
JUST HONEST, NUTRITIOUS, REAL FOOD.**

Keeping this in mind “Yummy Treat” Bal Sabha Activity was

organised at Bal Bharati Public School, Jharli for PP-II students. All the students took an active part in the competition and gave presentations on healthy nutritive food. Students came to know about the different food of different states Activity in-charge Ms. Kapila Rekhi motivated the students during the activity regarding the importance of healthy food. She said one should eat healthy food, balanced diet and not waste food. She motivated them to eat curd daily as it contains 20 times calcium than milk. Students



enjoyed the delicious lunch .

