



Bal Bharati PUBLIC SCHOOL

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BAL SABHA ACTIVITY **(Mass PT)**

DATE : 6.4.18

CLASS : I & II

VENUE : Ground

Brief about the Activity: Mass PT was conducted under the guidance of the Physical Education teacher Mr. Virender. The students of classes I and II participated in the activity. The students performed PT as instructed and demonstrated by the teacher. The participation of the students was hundred percent. The in charge of the activity was Ms. Poonam Verma.

Learning outcome : The students learnt the importance of physical exercise in their daily Routine and they came to know about the basic rules to follow during a group activity. It helped in development of physical, social and mental skills.

Photographs :





Bal Sabha Coordinator : Ms. Poonam Verma

Activity Coordinator : Ms. Kapila Rekhi