



# Bal Bharati PUBLIC SCHOOL

APCPL-IGSTPP, Jharli, Jhajjar, Haryana – 124141

Phone : 01251-267590, 288077

E-mail : [bbpsjharli@gmail.com](mailto:bbpsjharli@gmail.com)

Website: [bbpsjharli.balbharati.org](http://bbpsjharli.balbharati.org)

## BAL SABHA ACTIVITY

(Frog Race)

DATE :04.10.19

CLASS :Pre-School

VENUE : Play ground

NATURE : Individual



### Brief about the Activity :-

Physical activities are necessary for the overall development of the children. BBPS, Jharli organised Frog race activity for pre school children in the school play ground. The “Frog Race” activity cheered up kids to develop their gross motor skills and pretending to be a frog in a croaking good time. The activity began with a gearing command like “On your mark, get set – Hop!. The kids jumped down the length of their drive way and tried to develop competition amongst them by reaching the finishing point. Neck to neck competition was shown by the participants. Honorable Principal Sir Mr. Anil Garg motivated the students and praised them for their efforts.

### Learning outcomes:-

1. They became active and alert.
  - Developed their fine and gross motor skills.
  - Developed strength and coordination.

Teacher In- Charge :Ms. Anju

Bal Sabha Coordinator :Ms. Anju

Activity Co-ordinator: Mr. Rohit

