



# Bal Bharati PUBLIC SCHOOL

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## **BAL SABHA ACTIVITY** (Rhythmic Walk)

DATE :30.08.19

CLASS :Pre-School

VENUE : Basketball ground

NATURE : Individual



### **Brief about the Activity :-**

Rhythmic walk activity was organised for pre-school to judge body space in relation to space available. It is a practical life activity to nurture concentration and self-discipline. Children enjoyed walking on a line while balancing themselves and maintaining gap. They were more courageous and more capable than they ever imagined! Students walked according to the pace of the music and practiced changing directions while walking the line.



### **Learning outcomes:-**

- Developed balancing skills skills.
- Developed fine motor strength and coordination.
- Taking turns

Teacher In- Charge :Ms. Anju

Bal Sabha Coordinator :Ms. Anju

Activity Co-ordinator: Mr. Rohit