

APCPL-IGSTPP, Jharli, Jhajjar, Haryana – 124141

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## **BAL SABHA ACTIVITY**

(Rhythmic Walk)

DATE :30.08.19

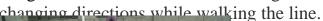
CLASS :Pre-School

VENUE : Basketball ground

NATURE : Individual

## **Brief about the Activity:-**

Rhythmic walk activity was organised for pre-school to judge body space in relation to space available. It is a practical life activity to nurture concentration and self-discipline. Children enjoyed walking on a line while balancing themselves and maintaining gap. They were more courageous and more capable than they ever imagined! Students walked according to the pace of the music and practiced





## **Learning outcomes:-**

- Developed balancing skills skills.
- Developed fine motor strength and coordination.
- Taking turns

Teacher In- Charge : Ms. Anju Bal Sabha Coordinator : Ms. Anju Activity Co-ordinator: Mr. Rohit