



**Bal Bharati**  
PUBLIC SCHOOL

## **PERSONAL HYGIENE, ADOLESCENCE AND DISCIPLINE**

**Date: - 20/08/2022**  
**Time: - 08:10 am**  
**Venue: - Library and Atal Lab**

To sensitize our students about 'Personal Hygiene, physical and emotional changes at the age of adolescence and the discipline measures at school, our school Bal Bharati Public School,



Jharli organized a workshop for the students of class 4<sup>th</sup> to 10<sup>th</sup> separately for boys and girls. Students were told about the personal hygiene and its importance because it helps to the

children to be sensitized about infections that spread through contacts and communicable diseases. They were told that by maintaining personal hygiene, we can stay healthy. They were also educated about



the problems and associated issues, need and



relevance of reproductive health education. The workshop aimed to facilitate awareness and knowledge among the teachers with particular focus on adolescent's need and bridging the information gap.

### **Incharge:-**

Mr. Kuljit Singh

Mr. Ramesh Vashisth

Ms. Sarita Yadav

Ms. Kalpna Tyagi